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e-newsletter of Federation of Islamic Medical Associations Volume 85, Issue Oct. 2024



MESSAGE FROM THE PRESIDENT



In the Name of Allah the Beneficent the Merciful

Peace and Blessing be Upon the Messenger

Dear Members of the FIMA Family, Esteemed Sisters and Brothers,

Assalamu Alaikum

We praise and pray to Allah taala that this edition of the Newsletter meets our brothers and sisters from the global FIMA fraternity in the best of health,

Continued on Page 16

27TH PIMA BIENNIAL CENTRAL CONVENTION: ADVANCING HEALTHCARE THROUGH KNOWLEDGE, ETHICS AND EMPATHY

Muslim doctors should continuously build their knowledge and strive for excellence, guided by ethical principles. With the scarcity of affordable treatment options, the importance of disease prevention is even more crucial. An expanded medical curriculum incorporating bioethics and role modeling is needed to foster empathy among future healthcare professionals.

This was the conclusion of the 27th Biennial Central Convention of the Pakistan Islamic Medical Association (PIMA), held on September 21-22, 2024, at Expo Centre Karachi.

More than two thousand doctors from across the country participated



Panel Discussion: Al Aqsa and the future of Muslim Ummah

Editor: Dr. Tanveer Zubairi, Ex. President, FIMA | Assistant Editor: Sajjad Saleem Prof. Dr. Abdul Rashid Abdul Rahman, President, FIMA | Dr. Eka Ginanjar, General Secretary, FIMA in the convention. A large proportion of female doctors actively participated, showcasing their interest in different sessions. Senior officials of the Higher Education Commission, College of Physicians and Surgeons Pakistan, Pakistan Medical and Dental Council, Sindh Healthcare Commission, and DRAP, and senior faculty of public and private medical universities, were part of the convention program.

The theme of the convention was based on the Quranic verse: "عَلَّمْ يَعْلَمْ [Allah SWT] "[Allah SWT] taught man what he knew not".

Eleven pre-conference sessions were held in five cities including the host Karachi, on various topics including comprehensive management of Diabetes, safe Obstetrics, ECG interpretation, Helping babies breathe, dermatology and squint assessment.

The two-day convention featured six plenary and sixteen parallel scientific sessions, covering a wide range of subjects. These included discussions on challenges in the healthcare system, ethical issues in medical practice, physicianpharma relationships, and broader topics such as the Al-Aqsa and the future of Muslim Ummah. Session on PIMA visit edits past achievements and future directions. A scientific exhibition featuring new drugs and diagnostics was also of keen interest for the participants.

Scientific sessions covered major medical specialties such as cardiology, pulmonology, infectious diseases, gastroenterology and liver disorders, diabetes mellitus, neuropsychiatry, pediatrics, orthopedics and rheumatology, dentistry, lab diagnostics, and radiology. There were sessions on Artificial intelligence in healthcare, Women health, Career guidance for young doctors and medical students. Over 200 renowned health experts shared their valuable knowledge and experience.

The inaugural session was chaired by Prof. Syed Tariq Rafi, Chairman of the Higher Education Commission Sindh. Renowned scholar Mr. Khalil ur Rehman Chishti delivered the thematic talk, urging the audience to pursue both religious and scientific knowledge. He said that historically, Islamic scholars mastered not only the Quran and Hadith, but philosophy, sciences and mathematics. "A well-rounded education, rooted in both religious and scientific thought, is necessary for progress in today's world," he said.

Prof. Teepu Siddique, a renowned American-Pakistani neuroscientist, delivered the keynote speech:"the importance of a culture of research". He stressed on fostering research to find solutions to local problems especially for the growing burden of genetic and lifestyle diseases in Pakistan. He stressed that with the scarcity of affordable treatment options, the importance of disease prevention is even more crucial.

Prof. Tariq Rafi lamented the lack of empathy in Pakistan's healthcare system, despite the country's medical colleges producing technically competent doctors. "Pakistani medical institutions are producing good doctors, but they are not becoming good human beings," he said. He lauded the role played by PIMA in bringing subjects other than core clinical, to this large doctors' event.



Panel Discussion: ethical issues in healthcare



Women health session

Prof. Dr. Atif Hafeez Siddiqui, chairman convention, Dr. Abdul Aziz Memon, central president PIMA, Prof Syed Shahid Noor, patron of convention and Prof. Abdullah Muttaqi, chairman organizing committee also welcomed the guests.

The key messages of the inaugural session were on disease prevention including vaccination programs, health education campaigns, screening for conditions like cancer and diabetes, access to clean drinking water, proper sanitation, and infection control in healthcare settings.

At a keenly attended panel discussion on "Physicianpharma relationship: the way forward," the issues embedded inthe interaction between p h y s i c i a n s a n d t h e pharmaceutical industry were discussed. The panel featured representatives from both segments including Prof. Muhammad Iqbal Khan, Prof. Aasim Ahmad, Prof. Hafiz Ijaz Ahmed, Mr Asif Misbah and Mr. Haroon Qasim.

The session was chaired by Dr. Asim Rauf, CEO of Drug

Regulatory Authority of Pakistan. He spoke of efforts to stop unethical marketing practices. "We have asked pharma companies to provide details of their spending; stringent actions will be taken against violators of ethical codes" he stated. Panelists highlighted the PIMA's guidelines on physician-pharma relationships as a tool to be adopted as the first step in the right direction.

The second plenary session focused on "challenges in the healthcare system". The session was chaired by Prof. Saeed Qureshi, Vice Chancellor of Dow University of Health Sciences. Panelists included Prof. Mehmood Ayaz, Prof. Syeda Kausar Ali, Prof. Amtullah Zareen, Dr. Zafar Mirza, and Mr. Arshad Qaimkhani. Experts highlighted lacunae in relevant medical education, weaknesses in public health matters and health policy, issues related to female healthcare professionals, and the healthcare workforce, and solutions were suggested. The session was moderated by Prof Zakiuddin Ahmed of Riphah University.

The women health session featured a a panel discussion on the challenges in reproductive health. Other topics included a talk on contemporary issues, and presentation of Women Self Care, and the SOCH projects by Dr. Farhana Masood. The session was chaired by Prof. Rahat Oureshi, with Prof. Riffat Jalil as co-chair, and Prof. Amtullah Zareen as the guest of honor. The panelists included Prof. Haleema Yasmeen, Dr. Hala Ahmad, Dr. Shaista Sagheer, Dr. Syeda Farzana, and Prof. Raheel Sikandar.

The second day featured a panel discussion on "ethical issues in healthcare", covering sensitive issuesfaced by particularly Muslim doctors in everyday practice. These included importance of faith in medical practice, transgender and LGBT issues, surrogacy and genetics, and ethical considerations in end-of-life care. Prof Abdul Rashid Abdul Rehman, president FIMA, spoke online from Malaysia on "the concept of Islamic Hospital". This session was chaired by Moulana Dr. Atta ur Rehman and co-chaired by Prof. Shahid Noor. Panelists included Mufti Najeeb Ahmad Khan, Dr. Azra Jamil, Dr. Syed



Career guidance seminar



PIMA: past and future

Asif Hussain, and Dr. Iftikhar Burney.

A key session on "Al-Aqsa and the Future of the Muslim Ummah" engaged experts from Pakistan and abroad on the situation in Gaza, a review of relief efforts, and the future of Palestine and Masjid Al-Aqsa. Three panelists participated online. Mr Sami Hamdi, an acclaimed analyst, spoke on the geo-political background and the possible future scenario shaping up in Palestine. Dr Mohsin Ansari, president ICNA, said that the support generated across the West in favor of the victims of Gaza was beyond religion and race. Shaikh Omer Suleman, a well-known scholar from the USA, urged the Muslims in general to continue their efforts and Dua for their brothers and sisters. Prof Hafeez ur Rehman. chairman Alkhidmat foundation, provided an overview of relief activities of Alkhidmat and PIMA for the besieged Palestinians and chalked out future plans. Mr. Asif Misbah, a guest speaker, said that the current crisis has exposed the Islamophobia and

double standards of the West.

Ameer Jamaat-e-Islami Pakistan. Hafiz Naeem ur Rehman, attended the Convention as a special guest speaker. He first spoke on the Al-Aqsa issue, and later gave his special address: "Health of the nation should be a priority". He emphasized an urgent need for reforms in both healthcare and education systems to bring them within reach of the middle class and the poor. He said that the spending in education and health fail to show the desirable results due to which the private sector has to contribute.

"PIMA: past and future" was another session in which Dr. Abdul Aziz Memon, the outgoing president, presented the report of activities in the last two years, in education, relief and other projects of PIMA. The oath-taking of the newly elected president and central executive council members took place organized by Prof Hafiz Ijaz Ahmed who was the election commissioner. Prof. Atif Hafeez Siddiqui, the newly elected president, is the 24th central president of PIMA, and

currently serves as the Head of the ENT Department at Dow University of Health Sciences, Karachi. A graduate of Sindh Medical College (1988), Dr. Atif Hafeez Siddiqui has been a member of PIMA since 1992 and has held various organizational responsibilities, including being a member of the Central Executive Council (CEC), In-charge of Continuing Medical Education (CME), and President of PIMA Karachi.

A 42-member Central Executive Council was also elected on this occasion, comprising 13 members from Sindh, 10 from KPK, 7 from Central Punjab, 4 from South Punjab, 3 from North Punjab, 2 from Baluchistan, 2 from Azad Kashmir, and 1 from Gilgit Baltistan.

The convention concluded with a Career Guidance Seminar, attended by young doctors and students. The session, chaired by Prof. Aisha Siddiqa, VP of CPSP, covered career opportunities in the USA, UK, and Pakistan, including scholarships and specialization routes.



Panel Discussion: health system challenges



Panel Discussion: Physician-pharma relationship, the way forward



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PROGRESS REPORT LIFE SAVER PROGRAMS

PIMA SHIKARPUR:

Life Savor Activity, 28 Sep 2024

Two sessions were conducted at PIMA Diabetic Clinic Shikarpur.

About 60 participants (30 in each session) have attended.





As are PIMA in Pakistan...







Burundi IMA practising Lifesavers mashaAllah





Nigeria IMA mashaAllah is able to mobilise large numbers across the country...



Salaam, first Lifesavers for DR Congo alhumdulillah and their new Islamic Medical Association



South Africa IMASA doing a great job as usual...





















BRITISH ISLAMIC MEDICAL ASSOCIATION NATIONAL CONFERENCE

This year we saw the British Islamic Medical Association national conference reach unprecedented demand with over 400 guests attending live and in person with more joined online following action behind screens. With the backdrop of the events happening around the world, including Gaza and the recent riots within the UK, a strong theme of advocacy and solidarity was displayed during the conference this year. Following a wonderful Quran recitation by Imam Habib Khan, Dr Salman Wagar opened talks for the day. The BIMA President addressed delegates outlining the day, the vision of BIMA and their actions in the previous twelve months.

The morning keynote was hosted by Dr Najeeb Rahman alongside Dr. Ghassan Abu-Sittah and Dr Ahmed Sabra. There was a sombre reminder of the events taking place in Gaza with eyewitness testimonies, deeply sad stories and important reminders of fellow Muslim healthcare professionals who have lost their lives.

The first breakout sessions included a wide range of topics from maternal health to alternative careers outside of working in the NHS.

The second round of breakout sessions looked towards digital health and chronic healing. Additionally, there was an engaging session with the General Medical Council of the United Kingdom, which prompted much audience interaction. Finally, delegates were given the opportunity to attend sessions related to Halal Investing, Islamic counselling, and looking towards a career in private health care.

The afternoon was rounded up

with a presentation by the BIMA Executive Committee outlining important activities that had taken place over the past year in the community and outreach work. The JBIMA poster exhibition was concluded with a record number of submissions and three poster prize winners.

Delegates then received a special guest address from Dr Hany El Banna. He raised pertinent reminders to be the drivers of change to build a better future for the wider society. The final plenary speech was a panel discussion with Dr Javed Akhtar and Dr Ayo Khalil. The closing remarks were led by vice president Dr Sahira Dar to conclude a fantastic day at the national conference.

Dr Qasim Javid (BIMA Executive Committee)



MEDCON LAHORE 2024: A RESOUNDING SUCCESS!

We are thrilled to announce that Medcon Lahore 2024 was a huge success! The event brought together the brightest minds in medical community, fostering insightful discussions, celebrating outstanding achievements, and promoting the highest standards of ethical practices in healthcare. A heartfelt thank you to everyone who participated, especially our distinguished speakers, attendees, and the dedicated Medcon management team who worked tirelessly to make this event possible.

This event marks a significant milestone in our journey towards

excellence in healthcare, and we couldn't be more proud of what we've achieved together. Let's continue to inspire, innovate, and elevate healthcare standards in Pakistan!

#MedconLahore2024



DJournal of theBritish IslamicMedical Association

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Lighting the Torch of Knowledge in The Darkness of The Middle Ages: The Arab-Islamic influence on Ophthalmology, UAhmad, J Delieu, S A Al-Ani

> Medical Research Ethics in Islamic Context Hassan Chamsi-Pasha

Donating and Receiving Milk Through Milk Banks – The Issue of Milk Kinship and the Barriers and Challenges For Muslim Mothers and Babies Safwaan Hafez, Sahira Dar, Sabia Rehman

Treatment using porcine derived low molecular weight heparin. What are the Islamic ethical arguments? Fatima Ullah, Maryam Jiwa

Empowering Student-Led Advocacy: A Manchester Case Study in Fostering Sustainable Support for Muslim Medical Students and Staff in UK Universities. A Kafagi et al.

> Continued Efforts to Raise Awareness About Organ Donation in the BAME Community S Asghar et al

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Mental Health Symposium 2021: Empowering Mental Wellbeing Among Malaysians Living Across Borders Hidayatul Nabila Rosaidi et al

Significance of blowing air from mouth on food and drinks, from Shariah point of view, and its explanation, based on medical and scientific research Moulana Dr Mohammed Abdul Maiid

A Guide for General PracticeClinicians to Optimise the Healthcare of Young People During Ramadan Liz Hare et al

Two Weeks in Hell on Earth; My Experiences in Hospital Theatres in Gaza - Reflections on the Dire Healthcare Situation in Gaza

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Advocacy



Federation of Islamic Medical Associations

The team of the History of Islamic Medicine (HIM) at The Federation of Islamic Medical Associations (FIMA) invites you to attend this virtual webinar:

THE PRACTICE OF PAEDIATRICS IN THE HISTORY OF ISLAMIC MEDICINE



- Professor of the History of Medicine,
 Weber State University Orden UT U
- Weber State University, Ogden, UT, USA
 Hon. President of ISHIM (International Society for the History of Islamic Medicine)
- Published many books and articles in the field of Islamic Medical History
- Orthopaedic Surgeon

MODERATOR : PROF. SHARIF KAF AL-GHAZAL

- Consultant Plastic Surgeon, Bradford, UK
- Project Lead, FIMA- History of Islamic Medicine (HIM)
- Ex-President, British Islamic Medical Association (BIMA)
- Board member of Directors, Foundation for Science, Technology and Civilisation (FSTC)
- General Secretary, International Society for the History
 of Islamic Medicine (ISHIM)

BRITISH ISLAMIC MEDICAL ASSOCIATION



Foundation for Science Technology and Civilisation



11.00 AM (NEW YORK) 4.00 PM (LONDON) 6.00 PM (MAKKAH) 10.00 PM (JAKARTA)





YOU ARE INVITED TO A ZOOM MEETING

Topic: Ibadah Friendly Hospital [Series 1 Part 2] Register in advance for this meeting:

When: Sep 11, 2024 07:00 PM Nairobi https://us02web.zoom.us/meeting /register/tZEkdeipqzgpG9cllvZ5WY2K7gkHhYaC2SM After registering, you will receive a confirmation email containing information about joining the meeting.



22ND INTERNATIONAL CAMP FOR MEDICAL STUDENTS 2024

22nd International Camp for Medical Students 2024" on the theme of "Towards Integrated and Balanced Competency Of Life; Navigating Ethics, Culture, And Career".

ADVICE REGARDING **ENTRY VISA**

Indonesian Entry Visas can be acquired online, on Arrival and through the embassy

To obtain VOA (Visa on Arrival), Participants must show a nationality passport that is valid for at least 6 (six) months, return tickets or a ticket to continue traveling to another country, Covid-19 vaccination certificate (2 doses) and proof of payment for VoA (Visa on Arrival)

For more information about Visa on arrival and to find out if your country is eligible for VoA, visit the Arrival Airport Website:

<u>https://adisumarmo-</u> airport.com/en

All participants are advised to use the AdiSumarmo Airport in Solo City which is nearest to the camp.

Participants planning to travel by train especially local participants are advised to arrive at Solo Balapan station.

Any participants in need of a supporting document for permission or visa acquisition should contact us in time so that



wamy

International Camp for Medical Students 2024 Sat 9th NOV - Wed 13th NOV

TOWARDS INTEGRATED AND BALANCED **COMPETENCY OF LIFE** NAVIGATING ETHICS, CULTURE, AND CAREER.

Organized by

Islamic Medical Association Saudi Arabia IMAKSA/ World Assembly of Muslim Youth WAMY In Collaboration with:

Indonesian Islamic Medical Association IIMA

Objectives

- Boost relationship among muslim medical students
- Exchange informations and Experiences
- Communication and networking among the student chapters
- Leadrship training and organizational skills

Program

- Thematic lectures
- Leadership presentations
- Interactive sessions
- Tourism, field trips & sports



we can prepare one for them.

Note:

It is very important for all participants to arrive on the specified dates.

It is very important for all participants to send to us their accurate flight details to the specified Airport (Adisumarmo) and Train station (Solo Balapan).

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Target Audience

Students from registered IMA



Venue Karang Anyar, Central Java Indonesia



Sat 9th NOV - Wed 13th NOV

Departure Thursday - 14th NOV



Registration

Registration now open until 30 Sep 2024

> Through student's chapter in each IMA

This information will help the organizers arrange for your pick-up to the Camp site flawlessly.

Dr. Atallah Al-Ruhaily Chairman, FIMASAC

Dr. Riyadh Abu-Sulaiman President, IMAKSA

APPEAL FOR DONATIONS TOWARDS WITS GAZA MEDICAL STUDENTS

Your donation will assist in covering:

- Meals
- Medical equipment
- Educational resources
- other daily needs

- Kindly EFT to:
- IMA Southern Africa
- Bank: Standard Bank
- Account No: 311192505
- •Ref: Name and

WitsGaza_Zakaat/Lillah

(Section 18A certificate on request, Email: <u>imasa.gauteng@gmail.com</u>)

For more information Contact Khashiefa Martin:+27847013208



HELP US TAKE CARE OF OUR WITS GAZA MEDICAL STUDENTS

If you would like to contribute towards their meals, daily needs, medical equipment etc

Kindly EFT and send proof of payment to imasa.gauteng@gmail.com

- IMA Southern Africa
- Standard Bank
- Account: 311192505
- Ref: WitsGaza_Zakaat/Lillah

section 18A certificate available on request

FOR MORE INFORMATION - Khashiefa Martin: +27847013208(WhatsApp) / Email:Imasa.gauteng@gmail.com



www.imasa.org.za

WEBINAR 5 OPPORTUNITIES FOR DEVELOPING COOPERATION IN ISLAMIC MEDICAL EDUCATION, AN INITIAL PROJECT FOR GAZA PALESTINE





Moderator

Moderator dr.Linda Rosita,M.Kes., SpPK(K)

> Narasumber Prof.Dr.Abdul Rasyid Abdul Rahman (FIMA/Malaysia)

LINK ZOOM

https://zoom.us/j/95110176123?pwd= RWPiiordIanEGr7D0kjpapUf9tt23h.11

Meeting ID: 951 1017 6123 Passcode: 206662

Jum'at, 11 Oktober 2024 9.30 AM - 11.00 PM (Jakarta Time)

Source : Prof.Dr.Abdul Rasyid Abdul Rahman (Fima / Malaysia) Moderator : dr.Linda Rosita,M.Kes.,SpPK(K)

SERVE PAKISTAN MISSION LAST WEEK IN SWAT, PAKISTAN

We are proud to share the incredible work of our ServePakistan mission last week in Swat, Pakistan. Our dedicated team of 4 volunteers worked tirelessly alongside 5 local providers, treating over 2,489 patients and providing critical care to those in need.

Each patient was given compassionate attention, as our volunteers provided essential medical services to improve health and well-being in the community. We are deeply grateful for their hard work and dedication in reaching out to the most vulnerable.

This mission reflects our commitment to creating a healthier world, one patient at a time.

Thank you to everyone who

supports our efforts. Please continue helping us make a real difference in the lives of so many.

Donate today: www.imana.org/donate

#ImanaCares #ServePakistan
M e d i c a l M i s s i o n
H e a l t h c a r e F o r A l l
M i s s i o n I m p a c t
#makingadifference

(kimana)CI



CRP, choking and recovery position was the the main focus on last Saturday. Pictured from left are trainee psychiatrist and event volunteer Scott Wilmshurt, Hamilton Muslim community elder Anis Rahman, Waikato Muslim Association president Mohammad Basith and Dr Mohammad Shuaib, the co-ordinator of the Islamic Medical Association of New Zealand and a psychiatrist at Waikato Hospital.



Rahat Kot. S

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REMAINING MESSAGE OF THE PRESIDENT

physically and spiritually. Aameen

October begins with more man made disasters in the Middle East. Our members from IMA Lebanon have to be in the front line treating victims of implanted explosives in pagers and communication devices. This was followed by attacks on densely populated areas in Beirut Unfortunately just like in Gaza, health facilities (at least 99 of them destroyed) and personnel's (at least 28 killed over a 24 hour period) are not spared and even targeted by the aggressors. FIMA through its IMAs is trying our utmost to alleviate the sufferings imposed on Lebanon while not forgetting the worsening situation in Gaza. Once again FIMA Relief, IMANA and Al Khidmat have been in the fore front planning and executing relief operations to rehabilitate health facilities and assisting in looking after the health needs of internally displaced victims. May Allah ease all the sufferings and alleviate the hardship faced by citizens of Lebanon and Gaza. May a cease fire and rebuilding process begin in the not so distant future, bi iznillah

Congratulations to IMAs which managed to organize their annual scientific conventions in particularly PIMA (Pakistan) and BIMA UK. Both were highly successfully held attracting large audiences and attended by prominent and world renowned faculties. Alhamdulillah I managed to participate albeit virtually and had the pleasure to be involved in fruitful discussions with the delegates on Shariah Complaint Hospital. I am sure more IMAs will organize their Annual Conferences before the end of this year. I will in sha Allah be involved in at least two of these, that of IMAM (Malaysia) end of this month and KAMMP (Kenya) due next month. I will be attending the 22nd International Medical Students Camp due to be held in Solo Indonesia early next month, in sha Allah. I will also be involved in a webinar organized by CIMCO on Medical Education for Gaza and I will like to congratulate IMAs which have been relentless in their efforts towards this end, in particular IMASA (South Africa), PIMA and IIMA (Indonesia).

Lastly congratulations to project chairs who managed to consistently organize webinars especially The History of Islamic Medicine and the Ibadah Friendly Hospital projects. The FIMA Life Saver 2024 set some records this year and I believe we will get a comprehensive report from this project in the next edition of the Newsletter I am sure many IMAs had been busy with organizing activities but did not have the chance to send us written reports. PIMA has been very active sending us pictorial reports organizing medical camps and organizing initiatives like the Lahore Medcon 2024 which I find very innovative and should be emulated by other IMAs.

Walaikum Salam Prof. Dr. Abdul Rashid Abdul Rahman President, FIMA

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